# NHS e-News

Your No. 1 Infection Prevention Partner

## Welcome Note from the Founder



Welcome to the first edition of the Nexus Health Solution (NHS) e-News!

NHS is the first infection control consulting company in Malaysia that

emphasizes on Infection Prevention and Control and Occupational Safety.

As part of our expansion and growth, we're so excited to launch our very own e-News! With each e-News edition, we aim to provide you with current information and news and the latest happenings in infection prevention and control and healthcare.

We hope you will find great value in our 1st Edition as we share the highlights for 2019. We would like to take this opportunity to extend our greatest appreciation to the Infection Control Unit, Medical Development Division, Ministry of Health Malaysia for the trust and collaboration given to us.

Our Infection Control Consulting and Services (ICCS) Division is passionate in sharing the latest knowledge and evidence-based practices with healthcare professionals in Malaysia.

Please follow us on our social media platforms as we bring you the latest news and updates.

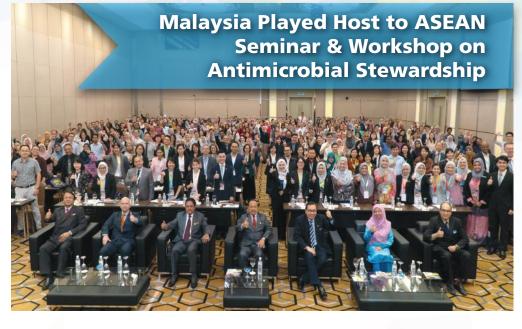
Thank you.

Ms. Harpreet Kaur Infection Preventionist

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The ASEAN Seminar & Workshop on Antimicrobial Stewardship was held on the 30th - 31st October 2019 at The Vertical Connection Conference and Event Centre in Bangsar South City, Kuala Lumpur.

The event, held for the first time in the region and officiated by Datuk Dr. Hj Rohaizat bin Hj. Yon, Deputy-Director General (Medical) of the MOH, brought together 400 policy makers and healthcare professionals from the MOH, public and private human health and animal sectors as well as delegates from ASEAN member countries who collaborated within the approach of "One Health" framework.

Among some of the prominent speakers who shared and exchanged their expertise and knowledge with the participants through panel discussions and workshops during the two-day seminar included physicians and AMR Coordinators from as far as the United Kingdom, Singapore, Thailand and the Philippines.



In his welcome address, YBhg. Datuk Dr. Christopher Lee (pic), Deputy Director-General (Research & Technical Support) of the MOH said, "We are witnessing increasing commitment from ASEAN countries to join the global fight against antimicrobial resistance. Malaysia is taking the challenge seriously as seen in the recent launch of the national plan by the MOH. Dr.

Christopher Lee went on to thank the organiser and co-organisers, including the British High Commission Kuala Lumpur and other supporting partners and vendors who have contributed towards the successful implementation of the event.

# **OOTH VISIT**



Veterinary

Services booth



Visit at NHS booth (from right – Ms. Harpreet Kaur, Director of Nexus Health Solution Sdn. Bhd., Datuk Dr. Hj. Rohaizat bin Hj. Yon, Deputy Director-General of Health (Medical), Mr. David Thomas (4th from right) and other MOH representatives)





Representatives from MOH at MyOHUN booth



Mr. David Thomas, Deputy High Commissioner, British High Commission Kuala Lumpur in his opening speech









#### **ASEAN Member Delegates and Local Participants**

Delegates from the United Kingdom

What They Say...

Consultant Pharmacist in Antimicrobials, Leeds Teaching Hospitals, NHS Trust



It is good to see countries worldwide joining the global efforts to address the challenges and issues faced. Surveillance and review of the AMR national actions should be conducted regularly so that these countries can learn and adapt the best practices.





Assoc. Professor Dr. Direk Limmathurotsakul,

Head of Microbiology, Mahidol-Oxford Tropical Medicine Research Unit



We can always emulate the best practices and learn from countries like the Netherlands and Finland as they are aggressively adapting to the Antibiotic Stewardship program.

Dr. Murli Naraindas,

Consultant Vascular & General Surgeon, Penang Adventist Hospital



It is very important for surgeons like me to update our knowledge on the latest AMR matters so that we can implement the best practices in antibiotic

Goh Jin Wei.

Pharmacist, Sunway Medical Centre



I will share the AMR knowledge and guidelines that I've learnt from this seminar with my team of pharmacists to improve patient clinical outcomes at the

#### Dr. Suraya Amir Husin, Organising Chairperson

Senior Principal Assistant Director, Head of Infection Control Unit, Medical Development Division, MOH



Overall, I am glad that this inaugural event has achieved its two-fold objectives; the first being the attendance of ASEAN member delegates which were highly encouraging, and secondly, this means we are seeing more collaborative efforts between ASEAN countries to combat AMR.

We are also glad to be partnering with Nexus Health Solution who has carried out a commendable job in making the event a great success. With their proven track record based on their previous collaborations with MOH, we look forward to more collaborations with NHS in the

















Organisers:































### **RECAP 2019**

#### National Infection Prevention & Control Conference (NIPCC)

On 29th – 30th April 2019, Infection Control Consulting & Services (ICCS Malaysia) a division under Nexus Health Solution Sdn. Bhd., jointly organised the National Infection Prevention & Control Conference (NIPCC) with the Ministry of Health Malaysia at Auditorium Cempaka Sari, Kompleks Perbadanan Putrajaya. The two-day conference officiated by Y.B. Dr. Lee Boon Chye, Deputy Minister of Health Malaysia witnessed the launching of the Policies and Procedures on Infection Prevention and Control Guidelines Book. The conference was held in conjunction with World Hand Hygiene Day.

In her opening speech, Dr. Ying-Ru Lo Jacqueline, Head of Mission and WHO representative to Malaysia, Brunei and Singapore addressed the global challenges presented by emerging Antimicrobial Resistance.



"AMR Stewardship – Making It Work" takes priority for YBhg. Datuk Dr. Christopher Lee, Deputy Director-General (Research & Technical Support) MOH and AMR Coordinator for Malaysia in leading the fight against AMR. The event attracted close to 800 participants, comprising doctors, nurses and other healthcare professionals and related partners. Leading experts from Singapore, Australia, Japan and local private and government healthcare sectors took on a series of presentation on the latest current matters in infection prevention and control. Ms. Harpreet Kaur, Founder of NHS also took on the podium to speak on the topic "Best practices in daily environmental and terminal cleaning."



Launching of Policies & Procedures on Infection Prevention and Control Guidelines book by Y.B. Dr. Lee Boon Chye, Deputy Minister of Health Malaysia (3rd from right) with MOH representatives (from left) Dr. Paa Mohamed, Dato' Dr. Mahiran bt. Mustafa, Senior Consultant Infectious Disease Physician from Hospital Raja

Perempuan Zainab II Hospital, Kota Baru, Kelantan, Dr. Suraya Amir Husin, Senior Principal Assistant Director, Head of Infection Control Unit, Medical Development Division, MOH, Dr. Ying-Ru Lo and Dr. Christopher Lee.



Ms. Harpreet with Matron Tumble bt Ngadiran @ Tomblow, Nursing Director of the Ministry of Health Malaysia.



Ms. Harpreet with Dr. Fong Siew Moy, (leftmost), Paediatrician, Paediatric Infectious Disease and President of Persatuan Kawalan Infeksi dan Antimikrobial Kota Kinabalu Sabah (PKIAKKS) and Dr. Ling Moi Lin, Director of Infection Control, Singapore General Hospital.



Ms. Harpreet Kaur explaining the company's services during a visit by Dr. Lee Boon Chye, Deputy Minister of Health Malaysia at the NHS booth.

#### **Booth Visit by VIP**





Deputy Minister of Health Malaysia, Dr. Lee Boon Chye at some of the participating booths at the NIPCC.

#### **NIPCC 2019 Organising Committee**





(Left pic, standing) Matron Suhaili (5th from left), Ms. Harpreet, (6th from left), Dr. Suraya Amir Hussin (middle) and Dr. Paa Moha<mark>m</mark>ed (8th from left) with committee members.









Ms. Harpreet delivering a plenary lecture

#### Organisers:

































#### **RECAP 2019**



#### **HACCP Food Safety Training @ METCAL S25,** Shah Alam (28 February)

Participants were introduced to food safety and hygiene issues and incorporating good handling practices in the food safety course.



#### **Managing Complaints and Angry Customers** Training at Pullman Kuala Lumpur, Bangsar (24 September)

Participants from various healthcare settings learnt and understand ways to handle challenging situations professionally and calmly.



#### **Infection Prevention in Haemodialysis Training** at Davita Malaysia, Kuala Lumpur (7-8 November)

Dialysis nurses from Davita branches in Malaysia attended the two-day training on infection prevention.

#### 'Oh I See' Corner

Antibiotic resistance has become a global Week, it is important to understand the 6 factors that cause antibiotic resistance.

So take note, spread the words and share what you've learnt with your friends and family so that they can use antibiotics

Antibiotic resistance happens when bacteria change and become resistant to the antibiotics used to treat the infections they cause.



Over-use of antibiotics in







#### **Occupational Safety & Health for** Healthcare Training at MaGIC, Cyberjaya (16-17 November)

Participants from various healthcare settings keeping themselves updated with the latest information on occupational safety and health from OHS experts.

#### **Infection Control Training at Alps Medical Centre** (18 November 2019)

Nurses, doctors and scientists participated to learn the best practices in infection control to improve patient safety and quality in healthcare.

#### **Infection Control Training in Haemodialysis** at National Kidney Foundation (23-24 November)

To enhance patient safety, our infection control training was designed exclusively for haemodialysis nurses from different dialysis centres.



CROSSWORD PUZZL







## M Μ Μ L D 1 Ε R R 0

#### **Test Your Infection Control Knowledge**

Hurry, be the first 5 participants to submit the correct answers & stand a chance to win a special gift from NHS! Submit your answers via email to us at info@nexhealth.my by 31st Jan 2020.

- 4. Urinary tract infections are often treated with this type of drug (11)
- 6. Someone who treats sick animals (3)
- 7. A common respiratory infection treated with antibiotics (9)
- 8. A type of antibiotic (10)
- 12. What happens when you take antibiotics when you don't need them? (10)
- 14. A side effect of some antibiotics (9)
- 15. You should always take antibiotics as directed, true or false? (4)

- 1. A normal symptom of the common cold (6)
- 2. Ear ache is normally caused by? (7)
- 3. Professionals who normally prescribe antibiotics for humans (7)
- Discoverer of penicillin (9, 7)
- 5. Respiratory infection that doesn't need to be treated with antibiotics (6, 4)
- The form that antibiotics are normally prescribed in for adults? (5)
- 9. Otis media is the medical name for which common childhood infection? (3, 4)
- 10. Form of antibiotics often given to children (5)
- 11. If you develop phlegm at the end of a cold you should consult your GP, true or false? (5)
- 13. A common unpleasant condition normally caused by a virus (4, 6)